

RESIDENCY

NEWSLETTER

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Announcements

OR scrubs policy - The only scrubs to be worn into the OR are either scrubs issued that day and put on just before going in or paper scrubs. The Department of Surgery and the OR have reminded us (residents and staff) once again of this policy. We realize there are not always scrubs available except paper and that this is not always the example you see from your attendings, but it is the policy and we should all do our best to comply. They are working to get scrub machines and an adequate supply for the ORs.

Steps for injury on the job & worker's comp - If you (or a med student you are working with) have an injury at work, it is very important to a) get seen by a doc, usually the ER, for evaluation and treatment ASAP and b) let Tami or JoAnn know so we can assure the paperwork is done. If something happens here at CCRMC, usually the paperwork goes through pretty smoothly. However, if it happens offsite, you need to get seen, let the provider know this is a Worker's Comp issue (work injury) and get the paperwork started. Doing this helps minimize getting bills and hassle regarding care, especially if offsite.

Special PBL session 2/21 - This PBL will be special due to guest presenters and change in location between the two topics.

- 9 - 10:20: PH lab conference room; EBM session with David Brody and David Pepper
- 10:30 - 12: Noon conference room; Chronic Pain Management and Prescribing Issues with Jeff Baxter and Doug Gourlay (expert family doc and anesthesia/pain/addiction specialist, respectively).

A concurrent session will be occurring that morning in the noon conference room, 8:30-10 - Risk Mitigation and Management for Opioid Prescribing. Residents are welcome to attend if you are not assigned to go to PBL. The morning sessions will be followed by Grand Rounds from 12-1 in the noon conference room.

Mega Meeting is coming! Free food and a chance to voice opinions on where we have ranked applicants! February 12th at 5:30 pm in the Noon Conference Room!



Happy Birthday!
Blocks 10 & 11

Christina Gomez-Mira - Feb 24
Jon Froyd - March 4
Mena Ramos - March 15
Emily Cotter - March 26

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Director's Corner

I just realized while writing this: by the time we have another newsletter, the Match will be complete for the next class of interns! Wow! Thanks to everyone who helped screen, interview, tour and teach our applicants and clerks this year. It is a lot of work but well worth the effort. I hope to see many of you at the Mega Meeting next week.

RLG has finalized decisions on the block schedule for 2014-15. After much thoughtful deliberation about education in our program, we came to the conclusion that the best approach to next year is a block schedule of thirteen 4 week blocks. We will still have 14 residents per year and we had to also decide how to go from 14 experiences to 13 experiences per year. We used the priorities of improving educational curriculum, being mindful of resident well-being and preserving our high-quality inpatient training while also strengthening our ambulatory curriculum to guide us as we worked and reworked the possibilities. There will be some overlap of residents on certain experiences but we think it will work in a way that maximizes education. There are changes to all three years:



UPCOMING EVENTS

- 2/12 MEGA MEETING!
- 2/17 Chief candidates announced
- 2/21-2/23 3rd year retreat
- 3/7 All-Resident Meeting
- 3/7-3/9 Vote for new chiefs
- 3/11 New chiefs announced
- 3/21-3/23 All-Resident Retreat

R1 year will have a new FMC 1 block (similar to that in R2/3 years), WH experiences will be distributed into the Clinics 1 and FMC block. There will be only three blocks of inpatient Med-Surg, focusing on hospital patient care, Inpatient 1A/B/C.

R2 year will have Peds 2 and Clinics 2 experiences hybridized into OMP - Outpatient Med Peds - and a little tweaking to Gyn/Peds.

R3 year will lose the Clinics 3 block and the experiences will be hybridized into Med OutPt and possibly elsewhere.

These were weighty decisions but we feel they reflect our priorities well. Details of all the areas of change are still being worked out.

I realize that some of these changes may leave many of you who were not in the discussions with questions. Since the next All Resident Meeting is not until early March, we are thinking of holding a Q&A session. Please contact the Chiefs if you would be interested in such a session with myself and RLG members.

Kristin

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Interview Season Wrap-Up

Dear Residents,

Thanks for all your time and dedication to prescreening, interviewing, and ranking *hundreds* of applications for the Class of 2017. We appreciate the hundreds of hours you have, as a group, put into this and encourage you to support the next class by coming to the **Mega Meeting on 2/12/14 in the Noon Conference room (5:30-7:30pm)** - dinner will be provided. This is the last chance for you to strongly advocate for those applicants you met and really want to be your house officer starting this June/July...that person you get to talk to in the middle of the night, with whom you'll share hummus, carrots, and post-night-shift breakfast...

On behalf of the future of the residency, thank you again for all your help! For those of you who've done this before, if you have feedback about how this season was better/worse/the same as last year, please let me know. For all of you involved this year, if you have feedback about how to improve this season's process, please let me know. If you don't feel comfortable talking to me, please let Kristin Moeller, Geena Jester or your chiefs know; we're always looking for ways to improve this process!

Your staff representative of the next-year's-interns-selection-committee,
Rebecca Lee



CLERKSHIPS

I am looking for interested residents for the new clerkship season. I need 6-7 residents interested in screening applications. They are already starting to come in.

We will be adjusting how we screen clerks this year, and possibly doing a blind screening. I may be screening out their medical school.

Anyone interested can send me an email at tsloan@ccfamilymed.com. I would like to have a start up meeting before we really get rolling.

Thanks much!
Tami

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Inpatient Updates

Closed ICU Trial

This two-block trial, involving the creation of a dedicated ICU team, has now started and will continue for Blocks 10 and 11. The ICU team will take care of all patients physically located in the ICU, with the help of an ICU attending (from the ICU staff) and an ICU registrar (a member of the FMS or Med Dept). One of the ICU residents will carry a #606 pager during the day for easy access when you need them. To help cover the rest of the patients in the hospital, a new Staff Service has been created. This Staff Service will be run by locums or our own inpatient attendings and will replace the “overflow” service. The Staff Service attending will carry a pager with #287 and can care for both IM and FMS patients with the exception of true general surgery cases (those should be kept on resident services). As this is a trial, your



feedback is essential in evaluating its successes and failures, and whether or not this structure should become more permanent in the future. There will be anonymous paper evaluation forms in the ICU workroom or you can always email chiefs@ccfamilymed.com with your feedback.

Nocturnist Trial

Thanks to everyone who participated in, tolerated, and gave feedback regarding the Nocturnist trial last block! Felicia Tornabene will be contacting some of you to ask more specific questions regarding how the nocturnist attending affected your flow, learning, and patient care.



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Retreat is coming!

It's almost time for the annual CCRMC All Resident Retreat/Educational Conference! Planning has begun for this fabulous weekend getaway March 21-23 at Camp Richardson in South Lake Tahoe. It is mandatory for all residents unless you are on approved vacation time or away on elective. Feel free to bring partners, family and kids! The cost is free for residents and \$100 for guests. Simply reply to the eVite sent last week with the number of total guests in your party and turn your money in to Tami in the Residency office by Fri, Feb 21st. Keep an eye out for an email regarding cabin and sleeping arrangements in the next few weeks. We have wonderful groups of residents working diligently on designing the educational programming and meals. There was an awesome snowball fight last year and an epic night swim – so this year's retreat will not disappoint!



ELECTION NEWS

It's time to elect the next set of Chief Residents to serve as our fearless leaders. Nominations have been made and nominees are now preparing their statements. The timeline will then be as follows:

- Feb 17th: Candidates will be announced and their statements emailed to residents
- Feb 17th-March 5th: Submit questions you would like to ask the candidates at the ARM forum.
- March 7th: Candidate forum at the ARM
- March 7th-9th: Voting starts after the ARM and ends Sun at midnight
- March 11th: New chiefs announced!